

CURRICULUM VITAE

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BIRTH DATE: April 12, 1958
BIRTH PLACE: Reading, PA

CITIZENSHIP: United States

EDUCATION

UNDERGRADUATE

1972-1976 Wilson High School; West Lawn, PA
Scholarship Award; Co-Valedictorian
1976-1978 M.S. Hershey Medical Center, School of Radiological Technology, Hershey, PA
1978-1982 Franklin and Marshall College; Lancaster, PA
A.B. with Honors in Psychology
G.P.A. – 3.53/4.0 Major – Psychology
Senior Honors Thesis – Electrophysiological and Postural Changes Related to Visual Motion in Human Infants; presented and orally defended at Franklin and Marshall College
April 1982

MEDICAL EDUCATION

1982-1986 Pennsylvania State University, College of Medicine, Hershey, PA
M.D. Degree

POSTGRADUATE TRAINING

1986-1989. North Carolina Memorial Hospital/University of North Carolina; Chapel Hill, NC
General Psychiatry Residency
1989-1991 University of Maryland Hospital; Baltimore, MD
Child and Adolescent Psychiatry Fellowship
Chief Resident 1990-1991
2014-present Nutritional Endocrinology Practitioner Training; Austin, TX
2016- present Institute for Functional Medicine;
April 2018 - Institute for Functional Medicine Certified Practitioner
Battlefield Acupuncture Training
September 2019 - Reversing Cognitive Decline (Breseden Protocol)
2018-present - Frequency Specific Microcurrent training
Core Seminar 7/18 and 1/19; Advanced Seminar 3/19 and 2/20; Symposium 3/19
2020 - Microcurrent Point Stimulation Training
Introduction to Pain Management and Scar Release 1/20
Advanced Auricular Therapy - 2/20
Advanced Circuits 1 - 5/20
Advanced Scar Release - 4/20
Concussion 1 - 5/20

EMPLOYMENT

September 2015 - present Private Practice - Holistic Child Psychiatry, LLC Columbia, MD.
Preceptor for Mental Health Nurse Practitioner and Psychology Graduate Students

August 2016-June 2017 Locum Tenens, Inc.

Children's Guild, Brooklyn, MD - Locum Tenens School Psychiatrist

May 2016 - 1/31/2019 Her Mind Her Body, Windsor Mills, MD - Medical Director

June - August 2016 Adventist Behavioral Health

Contractual work - Noyes Children's Center

June 2015 - May 2016 Adventist Behavioral Health and Wellness Services, Rockville, MD

Staff Child and Adolescent Psychiatrist; Residential Treatment Center Psychiatric Services

Partial Hospital and Inpatient Services

Group Home Medication Management

Contract Psychiatric Services - Noyes Children's Center

March 2014 - May 2015 Woodbourne Center, Baltimore, MD

Medical Director

Supervise Staff Psychiatrists and Pediatrician, and Nurses

Administrative responsibility to develop Medical Policies and Procedures

Report directly to Executive Director

Attending Psychiatrist for 2 Residential Treatment units of Adolescent Boys and lead 2

Multidisciplinary Treatment Teams

June 2013 - March 2014 Brook Lane Health Services, Hagerstown, MD

Staff Child and Adolescent Psychiatrist

Outpatient Psychiatric Evaluations

Outpatient Medication Management

Psychiatric oversight of THRIVE, outpatient Autism Spectrum Disorders program

April 2007-June 2013 Good Shepherd Center, Baltimore, MD

Staff Child and Adolescent Psychiatrist

Evaluated and treated 3 units of adolescents in Residential Treatment Center; lead 3 Multi-disciplinary Treatment Teams

Acting Medical Director November 2007-December 2008

Acting Vice President for Medical Affairs August 1, 2012 - June 2014

Responsible for Psychiatric care for entire RTC

Administrative duties -

Develop Medical Department policies and procedures

Supervise physicians, nurses, medical records

Report directly to President/CEO

July 1999-April 2007 Children's National Medical Center; Washington, D.C.

Medical Director, Psychiatric Day Treatment

Evaluated and treated Day Treatment patients

Outpatient evaluations and medication management

Supervised Child Psychiatry Fellows, Psychiatry Residents and Medical Students

July 1991-June 1999 Philhaven Behavioral Health System; Mt. Gretna, PA

Staff Child Psychiatrist

-Inpatient and Day Hospital

-Evaluation and Medication Management of

Outpatients and Shelter patients

-School Consultations (Intermediate Unit #13,

Tulpehocken School District, Cornwall-Lebanon School District, Conrad Weiser School District)

July 1991-June 1999 Good Samaritan Hospital; Lebanon, PA
Psychiatric Consultant
September 1993-June 1999 Lebanon County (PA) Mental Health/Mental Retardation
Psychiatric Consultant
September 1998-November 1998 Family and Children's Services of Harrisburg
Psychiatric Consultant

PROFESSIONAL LICENSES AND CERTIFICATIONS

Medical Licenses: North Carolina 1989-1992, inactive status
Maryland 1989-1992; 1999-expires 9/2020
Pennsylvania 1991-2000, inactive status
Washington, D.C. 1999-2008, inactive status
Board Certifications: General Psychiatry (ABPN) 11/1992
Child and Adolescent Psychiatry 9/1993
Board Certified Integrative Pediatrics 6/2017
Institute for Functional Medicine Certified Practitioner 4/2018

SOCIETIES AND HONORS

Professional Memberships
2019 - present Physician's PANDAS Network
2019 - present Physicians for Informed Consent
2018 - present International Hyperbaric Medical Association
2018 - present International Society for Environmentally Acquired Illness
2018 - present National Association for Environmental Medicine
2017 - present International Lyme and Associated Diseases Society
2017- present American Association of Integrative Medicine
2016- present Institute for Functional Medicine
2016- present MAPS
2016- present Institute of Functional Medicine
2015- present American Academy for Restorative Medicine
2014- present Integrative Medicine for Mental Health
2015- present Certified Gluten Practitioner
2014- present Nutritional Endocrinology Training Program
2007- present Maryland Council of Child and Adolescent Psychiatry
2007- present Maryland Psychiatric Society
1999-2007 Child and Adolescent Psychiatric Society of Greater Washington
1991-1999 Central Pennsylvania Chapter – Child and Adolescent Psychiatry
Delegate – Organization of Regional Councils 1996-98
1991-1999 Pennsylvania Psychiatric Society
1989-Present American Academy of Child and Adolescent Psychiatry
1985-Present American Psychiatric Association, Fellow

Honors and Awards

Lifetime Achievement - Albert Nelson Marquis 2020
Women in Medicine Honoree/ America's Top Doctors - 2020

Chief Resident – Child Psychiatry, University of Maryland 1990-1991
Alpha Omega Alpha (Honor Medical Society) 1996
CIBA/Geigy Award for Outstanding Community Service 1984
Edward C. Hammond, Jr. Memorial Scholarship 1983-1984
Paul L Whitely Prize in Psychology 1982
Psi Chi (National Honor Society in Psychology) 1982
Herman Scholarship 1982

ADMINISTRATIVE DUTIES

Owner/Medical Director - Holistic Child/Adult Psychiatry 9/2015 - present
Medical Director, Her Mind Her Body. 5/2016- 1/19
Medical Director, Woodbourne Center. 3/2014-5/2015
Acting Medical Director, Good Shepherd Center 11/2007-12/2008 and 8/1/12 - 3/4/2013
Member, Pharmacy and Therapeutics Committee, Good Shepherd Center 6/2007-6/2013
Member, Nutrition Committee, Good Shepherd Center 11/2007-6/2013
Member, Physician Committee, Good Shepherd Center 4/2007-6/2013
Medical Director, CNMC Psychiatric Day Treatment Center 7/1999-12/2006
Member, CNMC Residency Training Committee 1999-4/2007
Member, Philhaven Medical Staff Committee of the Whole 1991-1999
Member, Philhaven Hospital CQI Committee 1993-1995
Member, Philhaven Physician Reimbursement Committee 1998

EDUCATIONAL ACHIEVEMENTS

Preceptor - Mental Health Nurse Practitioner Students 2018 - present
Preceptor -Psy.D. Graduate Student 2017
Lectures to Child Psychiatry Fellows and Psychology Interns on Day Treatment, Psychiatric Interview of the Child and Psychiatric Interview of the Adolescent
Supervision of CNMC Child Psychiatric Residents 7/2000 – 4/2007
Supervision of George Washington University Second Year Psychiatry Residents 7/1999-6/2000
Supervision of George Washington University Medical Students 7/1999-4/2007
Supervision of Master and Doctoral level Therapists 1991-1999
Supervision of Psychology Interns 1991-1999

PRESENTATIONS

On-Line Interview - For Your Child's Success with Laura Beck on Biomedical Treatment of Autism 1/2019
Local/Regional Presentations
"Introduction to Integrative Psychiatry" - Child and Adolescent Psychiatry of Greater Washington Society 4/2019
"Toxins in Mental Health" - Pennsylvania Naturopathic Physician's Annual Conference 10/18
"Adolescent Depression" - Atholton High School PTA. Fall 2015
CNMC Grand Rounds: "Day Treatment Modalities and Outcomes" 2/2003
"Latency Age Group Therapy" 2/2002
"Multimodal Treatment of School Refusal" 1/2001
"Interventions in Psychiatric Day Treatment" 4/2000

“Attention Deficit Hyperactivity Disorder” – Kemptown Elementary PTA

“Psychiatric Evaluation of Children and Adolescents” – Lebanon

Collaborative Network Workshop 1998

“Attention Deficit Hyperactivity Disorder” – Lebanon Valley Family Medicine 1998; Lebanon
Foster Parents Association 1998

ADVOCACY

9/2003-10/2006 Member- Medical Advisory Board, Treatment and Learning Center